



Helping Families,
Strengthening Communities

**HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES**

February 2021

Ages: 0-8 Months

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Observe your child as they lie on the floor and play with blocks.	2 Observe as your child points to body parts when asked.	3 Observe as your child enjoys rolling a ball to familiar adults.	4 Encourage your child to bounce and/or jump. Count as he goes.	5 Observe your child as you sing "Three Little Pigs."	6 
7	8 Observe as your child shows excitement at attempting hand movements to finger play.	9 Observe the child as you point to and say each body part.	10 Observe the child as you talk about what you are doing around the house.	11 Observe as your child is sitting with you on the floor listening to soft music.	12 Observe as your child sits in your lap and you gently jump or bounce him while you support his head and torso.	13
14 Valentine's Day 	15 President's Day Observe as your child drops a toy or a bottle on the floor and watches to see what happens.	16 Observe as your child acts out familiar activities or games like cooking and stirring, pretend telephone.	17 Offer large pieces of shapes for the child to hold and explore. Talk with her about the shapes of the pieces.	18 Observe your child as you hold her/him in your arms. If appropriate, invite the child to follow you as you walk through the house.	19 Observe as your child bangs blocks and toys or other objects on the floor or table.	20 
21	22 Observe as your child tries to help when an adult is bathing or changing them.	23 Observe your child during feeding time to see the facial expression the child gives during feeding time.	24 Observe your child as you hold the child in your lap and show him/her blocks and then build with them.	25 Observe your child as you activate the musical toy and he/she turns head to look for the source of the sound.	26 Observe the child as you change their diaper. Are they happy, sad, or crying?	27
28 						



Helping Families.
Strengthening Communities

**HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES**

February 2021

Ages: 8-18 Months

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Jump with your child and encourage him/her to count the jumps.	2 Help your child to line up rocks according to size.	3 Encourage your child to match shapes in a puzzle.	4 Talk to the child about what you are doing around the house.	5 Observe as your child verbalizes “mine” when showing a favorite object.	6 
7	8 Place five snacks on your child’s plate. Invite him to count the snacks with you.	9 Observe as your child drops a toy or bottle on the floor and watches to see what happens.	10 Sit with the child on the floor and talk about your position, such as sitting up, lying on your side, or lying down.	11 Sit close to your child and offer a clean rock for her/him to look at under your close supervision.	12 Hold your child in your lap and gently jump or bounce her while you support her head and torso.	13
14 Valentine’s Day 	15 President’s Day Observe as your child finds solutions to simple problems. For example, the child’s riding toy is stuck on another toy, so the child backs up and drives around the toy.	16 Observe as your child looks in the likely location when asked by an adult where an object/person might be. For example, “Where is the kitty?”	17 Observe your child running to give familiar people hugs and waving hello/goodbye.	18 Invite the child to follow simple directions related to position. Use words such as in, on, under, up, and down.	19 Observe as your child pays attention to objects when prompted by an adult. For example, adult points to and talks about the flowers.	20
21	22 Display number cards in order. Invite your child to point to or name any numbers he/she recognizes.	23 Use paper to create multiple shapes with the child and encourage her/him to show you the shapes that look similar.	24 Observe as your child bangs blocks and toys or other objects on the floor or table. 	25 Place five snacks on your child’s plate. Invite him to count the snacks with you.	26 Ask your child to find two of something. Count and identify two objects along with your child.	27
28 						



Helping Families,
Strengthening Communities

**HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES**

February 2021

Ages: 18-24 Months

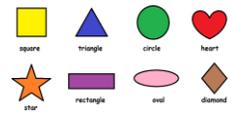
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Encourage your child to say the word rock while holding the rock.	2 Encourage your child to match shapes in a puzzle.	3 As you read to your child, observe your child's reactions to the story.	4 Have the child to say the letters in his/her name.	5 Observe as your child turns pages of a book.	6 
7	8 Give your child a block and encourage the child to explore it. Name the shape and talk about it as the child holds it.	9 Invite your child to follow simple directions related to position. Use words such as in, on, under, up, and down.	10 Observe your child playing with balls. Talk about the shape of the balls and how they roll and bounce.	11 Sing "Old MacDonald" with your child.	12 Hide a toy in an easy-to-find location, such as under a blanket or in a box, then help the child look for it.	13
14 Valentine's Day 	15 President's Day Sit close to your child and offer a clean rock for her/him to look at under your close supervision.	16 Observe as your child points to an unfamiliar picture in a book and looks at an adult to provide the name for the object.	17 Jump with your child and encourage him/her to count the jumps.	18 Display number cards in order. Invite your child to point to or name any numbers he/she recognizes.	19 Observe as your child acts out familiar activities or games like cooking and stirring, pretend telephone.	20 
21	22 Encourage your child to say the word block while holding a block.	23 Invite the child to stack two blocks or cups as she plays. Invite her to find the bigger and smaller blocks and cups.	24 Have your child say rhyming words cat, hat, sat, and mat.	25 Offer large pieces for the child to hold and explore. Talk with her about the shapes of the pieces.	26 Observe as your child drops a toy or a bottle on the floor and watches to see what happens.	27
28 						



Helping Families,
Strengthening Communities

HINDS COUNTY HUMAN RESOURCE AGENCY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Make a visit with the child to the local library to select favorite books.	2 Groundhog Day Explain to the child what Groundhog Day means.	3 Assist the child in identifying the following positions: - Above - Below	4 Assist the child in choosing a nutritious snack that helps build strong, healthy teeth.	5 Have the child to picture read a favorite story from his/her library at home.	6 Have the child to match small objects with the following numbers: 14 15 16
7 Plan for a Valentine's Day activity scheduled for February 14. 	8 Assist the child in making a graph of long and short objects. Short _____ Long _____	9 Encourage the child to use courtesy words: - Thank You - Please - I'm Sorry - Excuse Me	10 Have the child to name his/her favorite pet. 	11 Have the child to identify the following colors: - Black - Red - Tan	12 Assist the child in making his/her own aquarium using a sealable plastic bag, small rocks and a gold fish made out of paper.	13 Have the child to name and identify the President of the United States .
14 Valentine's Day Assist the child in giving something such as a hug, small gift or card to someone they think is special.	15 Talk about President's Day . 	16 Assist the child in printing the following letters: - X - M - G	17 Assist the child in naming letters in his/her name.	18 Have the child to identify the following shapes: - Cube - Triangle - Square - Rectangle	19 Identify 1/2 and 1/4 of an object such as an apple or an orange . 	20 Assist the child in matching the following upper and lower case letters: X g M y G m Y x
21 Assist the child in crossing the street where there are traffic lights. Always remember to hold the child's hand when crossing the street.	22 Have the child to identify and name the following animals: -Sea Horse -Seal -Sea Lion -Shark -Lobster -Dolphin	23 Assist the child in naming letters in his/her name.	24 Have the child to picture read a favorite story from his/her library at home.	25 Use cut-out shapes in different colors to sort by shapes and colors. 	26 Remind the child to remain seated in a seatbelt, while riding in a bus, car, truck and/or other vehicles.	27 Talk about the importance of brushing teeth. Demonstrate brushing teeth with the child.
28 Assist the child in writing letters Gg and Mm .						