



Helping Families,
Strengthening Communities

**HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES**

**December 2020
0-8 months**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Observe your child as you hold the child in your lap and gently jump him/her on your lap while counting the jumps.	2 Observe your child as you talk to them and tell them what you are doing as you change their diaper.	3 Observe your child as you talk to them during feeding time.	4 Observe your child as you point to the different parts of their body.	5
6	7 Observe your child as you read a simple book and play with their toes while reading. 	8 Observe your child as you count their fingers, saying "one little pig, two little pigs, three little pigs."	9 Observe your child trying to get the attention of the parent, teacher, or caregiver in some way, such as reaching up and crying.	10 Observe your child as you move their hands, feet and legs while singing "If You're Happy and You Know It."	11 Observe as your child turns and smiles when his/her name is being called by an adult.	12
13	14 Observe your child as you count and play with their toes.	15 Observe your child as you sing their favorite lullaby.	16 Observe the different sounds your child makes as you talk with him/her regularly throughout the day.	17 Observe your child as you shake the rattlers and sing to your child.	18 Observe your child as you dress the child and talk to the child explaining what you are doing.	19
20	21 Observe your child during bath time while talking and singing to them.	22 Observe your child during tummy time while singing a lullaby.	23 Allow your child to feel the different parts of your face and their stuffed animal's face with his/her hands.	24 Observe your child as you sit down with him/her while counting up to five.	25 Observe your child when you take them around unfamiliar people.	26
27	28 Observe your child as you take him/her on a walk around the house.	29 Observe your child as you point to the different colors around them.	30 Observe your child as you give them a massage after a warm bath.	31 Gently rub baby's stomach while singing a lullaby.		



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HINDS COUNTY HUMAN RESOURCE AGENCY EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES

December 2020 8-18 months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1 Take your child out to see the stars and moon at night.</p>	<p>2 Give your child a kiss on the cheek and a hug before bed.</p>	<p>3 Play with your child on the floor and roll a ball to him/her and encourage the child to roll it back.</p>	<p>4 Hold your child as you read a story, and watch as they listen to the story.</p>	<p>5</p>
<p>6</p>	<p>7 Lie on the floor and watch as your child crawls to you.</p> 	<p>8 Play with your child on the floor. Talk about the different colors and shapes you can find around the room.</p>	<p>9 Ask your child questions that she can answer to by pointing, such as: Where is your nose? Where are your ears?</p>	<p>10 Hide a toy under a cup and encourage your child to find the toy.</p>	<p>11 Ask your child to help with clean-up. Allow them to pick up items off the floor.</p>	<p>12</p>
<p>13</p>	<p>14 Play Patty Cake with your child using both of your hands and then clap your child's hands together.</p>	<p>15 Take turns stacking blocks and knocking them down. You can also have a race where you both stack cups at the same time.</p>	<p>16 Allow your child to try and stack up cup of different sizes.</p>	<p>17 Encourage your child to clap along with the song "If You're Happy and You Know It."</p>	<p>18 Make an obstacle course for your child to move through and around the house.</p>	<p>19</p>
<p>20</p>	<p>21 Let your child watch you put a toy underneath a blanket. Allow your child to go over and uncover the toy.</p>	<p>22 Encourage your child to repeat after you, "thump, thump, thump, bump, bump, bump."</p>	<p>23 Place toys inside a container. Allow the child to shake or pour the toys out.</p>	<p>24 Let your baby watch you put a toy underneath a blanket. Allow your child to uncover the toy.</p>	<p>25 Encourage your child to engage in rolling toys such as balls and cars across the floor.</p>	<p>26</p>
<p>27</p>	<p>28 Allow your child to walk around the house while you point to different items and you tell them what each item is. Examples: Door Window Stove</p>	<p>29 Play Peek-a-Boo with your child using your hands, towels, or blankets.</p>	<p>30 Place a toy under a blanket, leaving part of the object showing. Then ask your child, "Where did that object go?"</p>	<p>31 Place cups in a zigzag pattern for a distance of about 5 feet. Encourage the child to walk through the cups.</p>		



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HINDS COUNTY HUMAN RESOURCE AGENCY EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES

December 2020 18-24 months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Shadow play in a darkened room. Shine a light at your hand to create a shadow on the wall.	2 Fill a pan with water and place it on a towel on the floor. Give your child some cups and spoons to splash in the water.	3 Encourage your child to stack blocks as tall as they are.	4 Do a nature walk and discuss different things you see during your walk.	5
6	7 Encourage your child to turn the pages of a book and describe the story to you. 	8 Encourage the child to place or throw a ball into a basket.	9 Ask your child to identify noises she/he hears, for example, a knock on the door, a barking dog, or a fire truck.	10 Fill a basket with clothes and put it in front of the child. Ask the child to take clothes out of the basket.	11 Encourage the child to find different toys in the room.	12
13	14 Help your child find a line on the floor inside your house and see if they can walk a straight line.	15 Sit down on the floor and have the child sit opposite of you and roll back and forth.	16 Allow your child to match his/her socks together with your assistance.	17 Place cups in a zigzag pattern for a distance of about 5 feet. Encourage the child to walk through the cups.	18 Allow your child to use a pencil and paper to write.	19
20	21 Encourage the child to play the dance freeze game. When music plays, the child should dance. When the music stops, the child should stop.	22 Encourage the child to count out loud up to the number 6.	23 Encourage the child to beat on pots using two spoons.	24 Sing "The Wheels on the Bus" song and encourage your child to sing along with you.	25 Sing the alphabet song with your child.	26
27	28 Give the child the chance to select between two choices as often as you can. Example: Would you like apple or orange juice?	29 Encourage the child to play Peek-a-Boo.	30 Encourage the child to repeat after you as you count up to the number 4.	31 Encourage the child to play Red Light, Green Light.		



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December 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Give the child up to four steps to remember from a dance to see if the child can remember the steps.	2 Help your child identify the number that comes before 8 but after 6.	3 Say letters A, B, C, D, E, F, G, and H with your child. Emphasize the letter sounds.	4 Have your child to write their first name using a crayon.	5 Find different numbers around the house. Point to them and call them out to your child.
6 Talk to your child about the letters in their name.	7 Encourage the child to point out words on street signs as you ride home.	8 Encourage the child to move their finger under the letters of their name and say them out loud.	9 Encourage the child to count the cans in the cabinet. Count up to ten items.	10 Allow your child to point to things that are yellow around the house.	11 Identify an uppercase M and a lowercase m .	12 Can you find the letter C in a newspaper, book or on any type of canned food?
13 Encourage your child to find the letters in their name around the house.	14 Can you find something green around the house?	15 Ask your child to describe what they think it would be like to be outside and watch the stars at night.	16 Encourage the child to count five blue cars and two red trucks while sitting outside.	17 Find a line inside your house and allow your child to jump back and forward.	18 Ask your child to tell you what the word "ingredients" means.	19 Have your child to find different shapes around the house.
20 Have your child draw six hearts and color them.	21 Encourage your child to point to and name different items in the kitchen.	22 Ask your child the following questions and listen to their answers. What color is a fire truck? What else can you tell me about the fire truck?	23 What sound does the letter Mm make? 	24 Talk to your child about riding in a car or truck to and from school.	25 Talk to the child about school routines such as making new friends and playing on the playground.	26 Talk with the child about the different shapes of a door, wheels, and a window.
27 Invite the child to write familiar letters as he/she draws or scribbles on paper.	28 Have your child to clap their hands and stomp their feet at the same time.	29 Ask your child to go find their favorite toy and tell you about it.	30 Talk to your child about different vegetables that are green.	31 Have your child draw ten triangles and color them green.		