






Helping Families,
Strengthening Communities

HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES
Ages: 8-18 Months

November 2020




| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|---|--|--|----------|
| 1 | 2 Encourage your child to say the word rock while holding the rock.  | 3 Observe as your child enjoys rolling a ball to familiar adults. | 4 Create different shapes with the child and encourage her/him to show you the shapes that look similar. | 5 Observe as your child bangs blocks and toys or other objects on the floor or table. | 6 Hide a toy in an easy-to-find location, such as under a blanket or in a box, then help the child look for it. | 7 |
| 8 | 9 While your child holds your hands, encourage her/him to imitate you as you jump or bounce. | 10 Talk to the child about the differences between two rocks. See if the child recognizes the differences. | 11 Offer large pieces for the child to hold and explore. Talk with her about the shapes of the pieces. | 12 Encourage your child to bounce on your lap and/or jump. Count with your child as they jump. | 13 Observe as your child imitates or initiates familiar activities or games like cooking and stirring or pretend telephone. | 14 |
| 15 | 16 Give your child a block and encourage the child to explore it. Name the shape and talk about it as the child holds it. | 17 Invite your child to put one or two pieces in a puzzle. Talk about the shape of each piece as your child holds it. | 18 Place up to three snacks in a straight line on your child's plate. Point to each snack as you count the snacks. | 19 Observe as your child tries to help when an adult is bathing or changing them. | 20 Observe as your child drops a toy or a bottle on the floor and watches to see what happens. | 21 |
| 22 | 23 Talk to the child about what you are doing. | 24 Sit with the child on the floor and talk about your position, such as sitting up, lying on your side, or lying down. | 25 Observe as your child verbalizes "mine" when showing a favorite object. | 26 Sit close to your child and offer a clean rock for her/him to look at under your close supervision.  | 27 Hold your child in your lap and gently jump or bounce her while you support her head and torso. | 28 |
| 29 | 30 Invite your child to follow simple directions related to position. Use words such as in, on, under, up, and down.  | | | | | |



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HINDS COUNTY HUMAN RESOURCE AGENCY
EARLY HEAD START AT-HOME CURRICULUM SUPPORT ACTIVITIES
Ages: 18-24 Months

November 2020





| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|---|--|--|---|--|----------|
| 1 | 2 Observe as your child looks in the likely location when asked by an adult where an object/person might be. For example, "Where is the kitty?" | 3 As you count to your child, ask the child to repeat after you.  | 4 Observe your child running to give familiar people hugs and waving hello/goodbye. | 5 Create multiples shape with the child and encourage her/him to show you the shapes that look similar. | 6 Help your child to line up rocks according to size. | 7 |
| 8 | 9 Observe as your child finds solutions to simple problems. For example, the child's riding toy is stuck on another toy so the child backs up and drives around the toy. | 10 Place five snacks on your child's plate. Invite him to count the snacks with you. | 11 Encourage your child to match shapes in a puzzle. | 12 Observe as your child pays attention to objects when prompted by an adult. For example, adult points to and talks about flowers. | 13 Invite the child to follow simple directions related to position. Use words such as in , on , under , up , and down . | 14 |
| 15 | 16 Display number cards in order. Invite your child to point to or name any numbers he/she recognizes. | 17 Jump with your child and encourage him/her to count the jumps. | 18 Observe as your child bangs blocks and toys or other objects on the floor or table. | 19 Invite the child to stack two blocks or cups as she plays. Invite her to find the bigger and smaller blocks and cups. | 20 Observe as your child points to an unfamiliar picture in a book and looks at adult to provide the name for the object. | 21 |
| 22 | 23 Encourage your child to roll an object across the floor and use words like fast or slow to describe if the object rolls fast or slow. | 24 As you read to your child, observe your child's reactions to the story.  | 25 Observe your child playing with balls. Talk about the shape of the balls and how they roll and bounce. | 26 Observe as your child turns pages of a book.  | 27 Ask your child to find two of something. Count and identify two objects along with your child. | 28 |
| 29 | 30 Observe your child identifying items or objects that are red. | | | | | |



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November 2020

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|---|--|
| 1 Have the child to say the letters in his/her name. | 2 Have your child to form different letters with their bodies.  | 3 Have your child say rhyming words cat, hat, sat, mat . | 4 Read a story to your child. Encourage the child to retell the events of a familiar story. | 5 Ask your child to stand up when they hear the word up and to sit down when they hear the word down . Emphasize the words up and down . | 6 Read the story you read on Wednesday. See if your child can recall the story. | 7 Recite the rhyme "One, Two, Buckle My Shoe" with your child. |
| 8 Play a rhythmic beat on a drum or table. Tell your child to listen to the slow beat of the drum and ask them to move slowly to match the beat. | 9 Sing "Old MacDonald" with your child. | 10 Plan to take your child to the local library or allow him/her to check out a book. | 11 Recite the "Little Miss Muffet" nursery rhyme with your child.  | 12 Encourage your child to tell a story that has several characters and events. | 13 Walk around pointing to shapes and ask your child to name them. | 14 Place letters on the floor allow your child to go over to pick up a letter. Then allow them to tell you what's in their hand. |
| 15 Sing a simple song with your child that is very familiar to the child such as "Row, Row, Row Your Boat." | 16 Encourage your child to use language directly from a book when retelling the story.  | 17 Ask your child what a firefighter is. What sound does a firetruck make when heading to a call? | 18 Lay out alphabet cards or point to letters in a book. Ask the child to identify familiar lowercase and uppercase letters. | 19 Ask your child to look at their clothes and name their pieces of clothing to you. | 20 Ask your child to tell you how many body parts move when they walk. | 21 Place the first letter of your child's name on a piece of paper and allow your child to write the same letter. |
| 22 Write the letter Bb and the word Ball . | 23 The letter of the month is Bb . Ask your child to tell you the sound the letter Bb makes. | 24 Ask your child to find the letters of her/his name around the house. | 25 Point out the letters P, A, T, and B in a book. | 26 Encourage you child to retell the story "Three Little Pigs."  | 27 Invite your child to notice familiar words. | 28 Help your child draw one big triangle and four small triangles. |
| 29 Point out the letters in your child's name as you write them. Allow the child to practice writing his/her name. | 30 Invite the child to notice his/her name on paper. | | | | | |